

**Sheree Kansas**

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**Subject:** FW: May is Mental Health Month

**From:** Mike Diaz <[mdiaz@chulavistaca.gov](mailto:mdiaz@chulavistaca.gov)>  
**Sent:** Tuesday, May 19, 2020 9:21 PM  
**To:** Kerry Bigelow <[KBigelow@chulavistaca.gov](mailto:KBigelow@chulavistaca.gov)>  
**Subject:** FW: May is Mental Health Month

councilwide email.

MD

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**From:** Barbara Gordon [REDACTED]  
**Sent:** Sunday, May 17, 2020 11:34 AM  
**To:** Mary Salas; John McCann; Steve C. Padilla; Mike Diaz; Jill Galvez  
**Subject:** May is Mental Health Month

**Warning:**  
**External**  
**Email**

Dear Mayor and City Council,

I'm concerned that Chula Vista is allowing marijuana businesses in the city. Numerous studies have shown the real and damaging effect marijuana use has on the human brain. It is associated with a six-fold risk of suicide and five-fold risk of developing psychosis.

During these unprecedented times, we have seen a drastic increase in mental health issues. Mental health is important at every stage of life, from childhood through adulthood. It affects how we think, feel, and act.

Given the myriad risks of marijuana use presents to mental health, please consider how your decision to allow marijuana businesses will impact our families and the community as a whole.

Thank you,

Barbara Gordon