

MINUTES OF A REGULAR MEETING OF THE
COMMISSION ON AGING
OF THE CITY OF CHULA VISTA

January 9, 2019

1:00 pm

A Regular Meeting of the Commission on Aging of the City of Chula Vista was called to order by Chair Johnson at 1:02 pm in Norman Park Senior Center, located at 276 4th Avenue, Chula Vista, California.

ROLL CALL

PRESENT: Commissioners Allan, Carroll, Crawford, Mallen, and Chair Johnson

ALSO PRESENT: Director of Community Services Lamb, Director of Public Works Quilantan, Assistant Director of Public Works Aguilar, Principal Recreation Manager Contreras, Principal Recreation Manager Ellis, and Recreation Supervisor III Ruiz

ABSENT: Commissioner Nash

PUBLIC COMMENTS -

Persons speaking during Public Comments may address the Commission on any subject matter within the Commission's jurisdiction that is not listed as an item on the agenda. State law generally prohibits the Commission from discussing or taking action on any issue not included on the agenda, but, if appropriate, the Commission may schedule the topic for future discussion or refer the matter to staff. Comments are limited to three minutes.

There were none

CONSENT CALENDAR

The Board/Commission will enact the Consent Calendar staff recommendations by one motion, without discussion, unless a Board/Commission Member, a member of the public, or staff requests that an item be removed for discussion. If you wish to speak on one of these items, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting. Items pulled from the Consent Calendar will be discussed immediately following the Consent Calendar.

1. APPROVAL OF NOVEMBER 14, 2018, MEETING MINUTES

Staff recommendation: Commission approve the minutes

2. APPROVAL OF COMMISSIONER CARROLL'S ABSENCE FROM NOVEMBER 14, 2018, REGULAR MEETING

Staff recommendation: Commission excuse the absence

3. REVIEW COMMISSION ON AGING ATTENDANCE POLICY

STAFF RECOMMENDATION: Commission review the policy

ACTION: Commissioner Crawford moved to approve Consent Items 1-3. Commissioner Mallen seconded the motion, and it carried by the following vote:

Yes:	5 – Allan, Carroll, Crawford, Johnson, Mallen
No:	0
Abstain:	0

ITEMS REMOVED FROM THE CONSENT CALENDAR

There were none.

ACTION ITEMS

The Item(s) listed in this section of the agenda will be considered individually by the Commission and are expected to elicit discussion and deliberation. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.

4. NORMAN PARK SENIOR CENTER RENOVATION UPDATE FROM PUBLIC WORKS

Director of Public Works Quilantan and Assistant Director of Public Works Aguilar provided a vernal report on renovations at Norman Park Senior Center. Commissioner Mallen asked that "Norman Park Senior Center Renovation Update From Public Works" be a standing item on Commission on Aging agendas.

ACTION: Commissioner Crawford moved to accept the report. Commissioner Mallen seconded the motion, and it carried by the following vote:

Yes:	5 – Allan, Carroll, Crawford, Johnson, Mallen
No:	0
Abstain:	0

5. COMMISSION ON AGING GOALS AND OBJECTIVES FOR FISCAL YEAR 2018-2019 ACTION PLAN

The Commission discussed the revised action plan. Commissioner Crawford stated that he would contact the Jewish Family Services and will lead a subcommittee for the Health Fair which will be on March 19, 2019, 9am-2pm at Monteville Recreation Center.

ACTION: Commissioner Crawford moved to approve the updated action plan.
Commissioner Carroll seconded the motion, and it carried by the following vote:

Yes:	5 – Allan, Carroll, Crawford, Johnson, Mallen
No:	0
Abstain:	0

OTHER BUSINESS

6. STAFF COMMENTS

Principal Recreation Manager Contreras introduced Principal Recreation Manger Ellis to the Commission. Mr. Ellis is now overseeing the Norman Park Senior Center. Principal Recreation Manager Contreras stated that interviews to fill the Commission on Aging commissioner vacancy will be conducted by the end of the month and hoped that the new commissioner would be sworn in and in attendance at the next regular Commission on Aging meeting. Mr. Contreras stated that Parks and Recreation has a new health and wellness campaign called #ShapeUpChulaVista. He also reminded the Commission that the joint meeting with Healthy Chula Vista will be on February 7, 2019, 3:30pm at Community Through Hope (465 C Street). Recreation Supervisor III Ruiz provided updates on recent and upcoming events at Norman Park Senior Center relevant to the Commission on Aging and stated that the fitness center rates are now \$28 per quarter or \$10 per month.

7. CHAIR'S COMMENTS

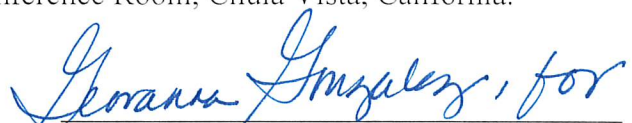
Chair Johnson thanked Principal Recreation Manager Contreras for his work with the Commission on Aging. Chair Johnson inquired on selling advertisement space in the Norman Park Senior Center newsletter. She thanked Commissioner Crawford for taking the lead on the health fair.

8. COMMISSIONER'S COMMENTS

Commissioner Crawford thanked Principal Recreation Manager Contreras for his assistance with the Commission on Aging and his professionalism. Commissioner Crawford stated that the bi-monthly AARP driving course at Norman Park Senior Center had a great turn out.

ADJOURNMENT

At 2:27pm, Chair Johnson adjourned the meeting to the next Regular Meeting on March 13, 2019, 1:00pm at the Norman Park Center Conference Room, Chula Vista, California.


Tiffany Kellbach, Administrative Secretary